

THE BODYISM WAY

Business of Kindness

Bodyism is a reminder to be kind to yourself. It's a movement of self acceptance and empowerment. As the world's leading holistic wellness company, Bodyism creates beautiful places, shakes, supplements and activewear that help people feel welcomed, loved, listened to and taken care of.

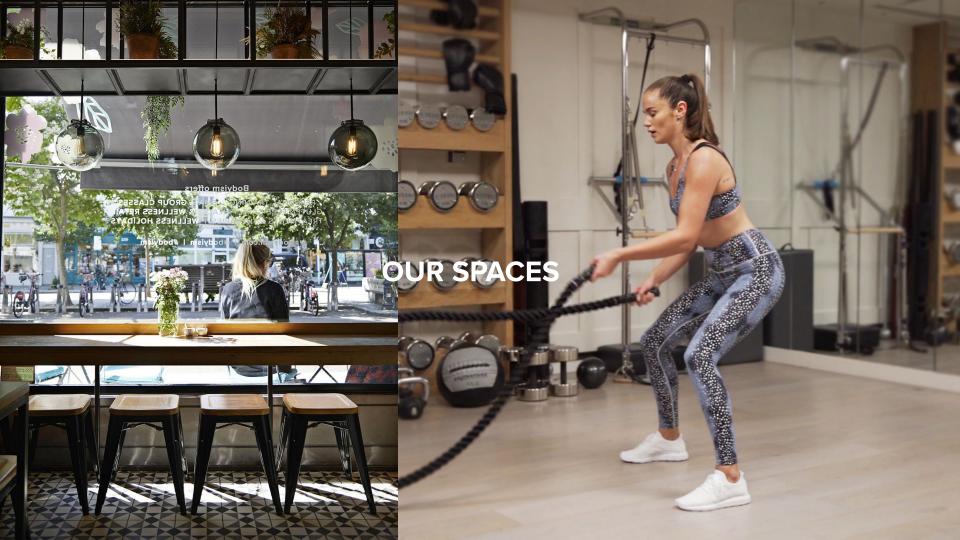
Blueprint for Health

We take an innovative and holistic approach to exercise and nutrition that works with your body, not against it. We'll help create beautiful bodies and spaces by focusing on health and happiness.

Balancing the four core pillars of mindset, nutrition, movement and sleep, we teach people to listen to their body and become their own best expert.

Authentic Wellness

Relentless in our pursuit of excellence, we integrate advanced research with unrivalled care and compassion for the perfect balance of health, vitality and wellbeing. We design exclusive, cutting-edge gym spaces and experiences to fit a multitude of unique requirements. Our goal is to make spaces vibrant, fun, best in practice and a place where clients desire to spend time in.











BODYISM STUDIO HIRE

Bodyism Notting Hill has two beautifully lit studios available for a range of events, with full access to our luxurious changing rooms. We can assist with the set up and co-branding opportunities throughout our site.

Many brands like to take advantage of the mirrors to create bespoke vinyl and add branded material. There is also the option to include Bodyism training or panellists as part of your event.

The club is also available for full hire for filming,

Bodyism PT studio:

Class capacity 15-20 guests Talk/Panel - 20-35 Guests

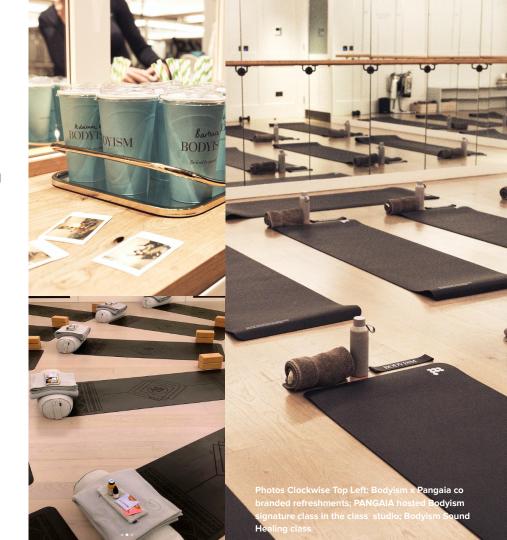
Bodyism Class Studio:

Class capacity: 10-12 Guests

Bodyism Cafe Space:

20-25 Guests Standing 18 Guests Seated

We can also create bespoke packages tailored to your event.





BODYISM ADD ONS

Enhance the wellness focus of your event by incorporating Bodyism items and gift cards into your event goody bags.

Choose from Bodyism supplements, mini-bands, class or PT vouchers, treatments and more.

Our supplements come in a range of colours and functions to match your event colour palette and theme.

BODYISM ENERGISE + SLENDER BERRY FENDI

Photo: Goldfaden MD hosted a wellness talk at Bodyism to launch their new body care range featuring Bodyism beauty food in the gift bags; Fendi breakfast event, featuring Bodyism berry burn.

BODYISM CO-BRANDING

The Bodyism studio can be a blank canvas for you to co-brand many aspects of the space. Many of our clients have created unique branded items to enhance the workout experience. These include:

- Branded Water Bottles
- Branded Matts
- Branded Vinyl
- Branded Shake/Coffee Cups
- Branded Coffee Stencils

We are able to consult and recommend how to co-brand items with a quick turnaround. We can also create bespoke menu items that fit with the theme of your event.

Photos: Free-People co-branded the studio space for a new collection launch, GOOP co-branded coffee stencils and Goldfaden beauty brand talk in the main studio.





BODYISM CATERING

Our catering menus are designed with the simple approach that eating clean, organic wholefoods will nourish the body, and leave you feeling happier and healthier.

We offer catering services for all Bodyism events at our club:

- Bespoke menu creation
- Event food preparation
- Delivery of food to event
- Provide serving staff for events
- Caters to all dietary requirements, specialising in gluten-free and refined sugar free options.

BRANDS WE'VE WORKED WITH:

Chopard



FENDI

CHANEL

ZIMMERMANN

Intelligent Change goop

PANGAIA



fr movement

BODYISM

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